

## **Brighton Yoga Foundation - Community Yoga Coordinator**

**This is an exciting opportunity for someone who is passionate about bringing the benefits of yoga to those who need it most**

### **Job Description:**

- Self-employed role
- 14 hours per week
- £12 per hour
- Flexible working

A hugely varied role, working closely alongside trustees to deliver a safe and effective community yoga programme. The Community Yoga Coordinator is responsible for the daily running of the outreach programme and all contact with teachers, participants, funders, local partners and services and trustees. The role includes maintaining records, planning and scheduling classes, community liaison, tracking grants, supporting and organising teachers, delivering reports to trustees and much more!

This role requires a passion for community wellbeing and connection, a good working knowledge of Google Docs, Excel and email, and a desire to ensure our teachers and community are safe, felt heard and receive an appropriate service based on their needs. You will also need to be a team player and an excellent communicator. Ideally we are looking for someone who has some knowledge of common mental and physical health conditions, understands trauma-informed principles and has a personal yoga practice. The successful candidate will work alongside other members of the BYF team to promote the outreach programme across our social media channels, so any knowledge of Canva, Instagram and Facebook is also a bonus.

### **About The Brighton Yoga Foundation**

The BYF is committed to taking yoga to those in the community who currently do not have access to it or are unable to find an appropriate yoga class for their specific needs in a typical yoga class setting. Since we became a registered charity in 2016, we have been continually growing and developing our community yoga outreach work. We aim to provide yoga that is appropriate to the population groups we work with, enabling us to offer a safe, inclusive, and supportive environment for our participants to explore the elements of yoga that may be beneficial for them. We believe in overcoming as many barriers as we can which may prevent people from being able to access yoga.

At this time we are delivering fourteen community classes weekly, these are offered within services, local studios and online. Our classes are free of charge to participants and are funded by a wide range of grants, including grants received from Sports England, This Girl Can and Active Sussex.

### **How To Apply:**

- Please send your cv, and covering letter explaining why you would be great for this role, to [samanthayogafoundation@gmail.com](mailto:samanthayogafoundation@gmail.com)
- Closing date for applications: Friday 8th October
- Interviews from Mon 11th October